Job Description:

We are seeking a compassionate and qualified Personal Counselor . The Personal Counselor will be responsible for providing professional counseling services to individuals experiencing emotional, psychological, or behavioral challenges. The ideal candidate will have a strong background in psychology, counseling techniques, and therapeutic interventions.

Responsibilities:

1. Conduct individual counseling sessions with clients to assess their needs and develop personalized treatment plans.

2. Provide empathetic listening and support to clients in a safe and confidential environment.

3. Utilize a variety of therapeutic techniques, such as cognitive-behavioral therapy (CBT), mindfulness, and solution-focused therapy, to help clients address their concerns and achieve their goals.

4. Collaborate with clients to identify underlying issues, set realistic objectives, and develop coping strategies for managing stress, anxiety, depression, and other mental health issues.

5. Monitor clients' progress and make adjustments to treatment plans as needed to ensure effective outcomes.

6. Maintain accurate and confidential client records in accordance with ethical and legal standards.

7. Stay informed about current research, best practices, and ethical guidelines in the field of counseling.

8. Participate in regular supervision, training, and professional development activities to enhance clinical skills and knowledge.

9. Work collaboratively with other members of the counseling team and refer clients to appropriate resources or specialists as needed.

10. Adhere to professional standards of conduct and ethical principles, including maintaining boundaries, practicing self-care, and seeking consultation when necessary.

Qualifications:

1. Master's or doctoral degree in counseling, clinical psychology, or a related field from an accredited institution.

2. Current licensure or eligibility for licensure as a counselor or therapist in the relevant jurisdiction.

3. Previous experience providing counseling services in a clinical or private practice setting preferred.

4. Strong interpersonal skills and the ability to establish rapport with clients from diverse backgrounds.

5. Excellent communication skills, both verbal and written.

6. Empathy, patience, and a nonjudgmental attitude toward clients' experiences and concerns.

7. Ability to work independently and collaboratively within a multidisciplinary team.

8. Familiarity with ethical guidelines and legal regulations governing the practice of counseling.

9. Proficiency in using electronic health record (EHR) systems and other technology tools for documentation and communication.

10. Commitment to ongoing professional development and lifelong learning in the field of counseling.